

Program and Organization	Target Population	Purpose
UTHealth Houston (FBM Evaluation)	Postpartum mothers experiencing food insecurity	To address food insecurity, improve maternal and child health outcomes, and support postpartum recovery through food access and social support
Factor Health Lab at Dell Medical School (FUEL)	Families and their children (1st-5th grade) who attend after school program at participating Boys and Girls Club of the Austin Area (BGCAA) sites (11 sites)	To improve child diet quality and health outcomes by offering produce boxes, grocery gift cards, and educational materials, with a focus on flexibility and family engagement
UTHealth Houston (Brighter Bites)	Medicaid-eligible 5–12-year-old children	To clinically evaluate the feasibility and effectiveness of produce prescription strategies in improving diet quality and reducing obesity in food-insecure families
Black Men’s Health Clinic	Men of color	To improve health outcomes and quality of life for men of color by offering comprehensive, accessible, and culturally attuned healthcare services

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Common Threads (Cooking Up Health)	Medical students and healthcare professionals	To promote behavior change around nutrition and cooking by integrating didactics, hands-on cooking sessions, and community health education to health professionals
Ascension Seton (FoodRx)	Postpartum mothers and their babies	To improve dietary health, reduce food insecurity, and enhance maternal and infant outcomes through integrated care and nutritious food access
Farmshare (Fresh For Less)	People with lower incomes	To address food insecurity and improve fresh produce intake among participants
Farmshare (Veggie RX)	Patients with diabetes or pre-diabetes	To address food insecurity and improve fresh produce intake among participants

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Central Texas Food Bank (Mobile Farmacy)	Food-insecure patients	To improve access to nutritious food and strengthen the connection between healthcare and food security for vulnerable populations
Central Texas Food Bank (Home Delivery Program)	Income-eligible households with transportation barriers, including families with children, older adults, veterans, and individuals with disabilities	To increase access to fresh produce and other nutritious foods for food-insecure households unable to reach traditional food distribution sites
Sustainable Food Center (The Happy Kitchen/ La Cocina Alegre)	Low-income Texans facing systemic barriers to food access	To improve food literacy among low-income Texans, addressing barriers to healthy eating through culturally tailored education and cooking instruction