

ASCENSION SETON HIGHLAND LAKES KIDS CARE-A-VAN YOUR SUPPORT DESERVES OUR DEEPEST THANKS

THANK YOU for keeping our MISSION IN MOTION!

Our Kids Care-a-Van team expresses heartfelt gratitude for your support that makes all the difference in our ability to meet the needs of children who are medically underserved, many of whom do not have insurance, by providing care for acutely ill children and those who need vaccines and Well-Care Exams.



The Care-a-Van program had a strong flu vaccination season and held flu clinics in October/November. We provided medications to children who otherwise would not have access. Our Asthma Clinics educate children and parents about the disease, how to control it and help them to accomplish goals that they want to achieve in respect to their asthma. Nutritional counseling and screening for pre-diabetes are also provided to children.

In March 2020, with the COVID-19 pandemic, the Care-a-Van team began providing care by virtual visit or an in-office visit in a clinic setting for proper social distancing. With children now back in school, the Kids Care-a-Van is on the road providing care to children at the regularly scheduled site locations.

Kids Care-a-Van Healthcare Impact

Totals July 1, 2019-June 30, 2020

# patients (unduplicated)	1,830
# visits/encounters	1,966
# minor acute visits	964
# medications given	624
# immunizations	1,743

During COVID-19 (March to June)

# In-office clinic visits	313
# Virtual Visits	65

TOP ISSUES SEEN ON THE KIDS CARE-A-VAN

ASTHMA - is one of the most common chronic diseases in children and affects between five and 10 percent of all children and is one of the leading causes for hospitalization and missed school days in children.

CHILDHOOD OBESITY - is an epidemic facing Central Texas children. Children with obesity have a higher risk of developing chronic health conditions.

MENTAL HEALTH - emotional health is an integral part of overall health and there is strong evidence linking physical and mental health. Depression is one of the most common emotional health problems among youth.

POVERTY - is linked to toxic stress in children, which affects early brain development. By the time poor children start school, most of their self-regulation and academic skills are different than wealthier children. Early intervention during early childhood is critical to address the negative impact poverty has on health and academic potential of poor children.

FOOD INSECURITY - food insecure families lack reliable access to a sufficient quantity of affordable and nutritious food, and individuals faced with unhealthy food choices often have worse health outcomes.